

~ This volume sees three new types of magic reinvented from my previous inspirations of magic, of course they are supposed to be child friendly, so that they can also have some fun.

Shadow run stuff – tribute to shadow run.

One of the better games i have played has been shadow run. it is about you acting as a mercenary or spy and using weapons, computer programming and spells to accomplish your goals. this is like a matrix themed game you could say, like the movie.

So, for this 'game' we are going to focus on the "adept." this is someone that brings energies into their bodies to increase their natural strengths and skills, and even gain personality merits and flaws - flaws grant more merits, of course. this game should only be played by older children, as, it might mess them up if they start taking flaws that will ruin their lives or bring about other unseen things that i, as a parent, would not like to see my child doing. of course, if you as a parent have time to monitor your child, then this might be okay, i suppose.

So, how does one augment their body to absorb energies? i theorize that anything you do over and over, like lifting weights to build arm muscles, or walking up steps for stamina, teaching your muscles how to perform martial arts better or even studying for recall, will make you stronger, yes? this makes sense, of course, as anything you do as a habit makes the habit stronger in you and bring about changes to you, where you are more in tune with your habit, like for adults it would be drinking beer and not getting drunk so fast!

Then, you need to draw energy into you while you are doing these things to boost them permanently. if you lift weights, your strength will grow, but when you stop, your muscles will fade, yes? if you were to actually tone yourself so as to not lose muscles you produce, this would require making these changes permanent, of course. hell, making it so that you actually gain muscles faster too would be nice as well - that is another part of this.

So, to draw energy into you, you could pray to your god to imbue you with the energy to perform this task, and commit it to your body, mind and spirit. this would be the easiest most humbling way to increase your natural strengths, of course.

This could also be possible with a spirit. if you were to find a list of angles - as god might be busy - you could ask an angel for assistance in this field. if it is something they specialize in, then they might make you stronger in these ways quicker, of course.

So that is the major advantage of being a shadow run adept, statistics that represent your body, mind and soul. if you were to do this a lot, you could become quite an athlete, gymnast or martial artist too!

To keep these powers going, it is advisable to eat the whole time, or, smell incense or herbs burning. this will take the activity as it is happening into your 'being' and these things will mingle with your cells. the energy you are giving off will come back to you naturally, being stored in your bodies cells, as the smells go into the lungs, into the blood stream, and then find a place in your bodies cells and organs.

Of course, there might be a limit to this, as there can only be so much foreign influence in your body at one time.

You know, something just dawned on me - praying for spells. they say this is possible, but we don't want to spend the spells straight away, we want to charge them for the future. of course, this will be slow in the beginning, but, if you were to practice every day, then you could increase the rate you store spells at.

~ I suppose this might sound like devil magic, but he will never grant you the powers that venus, jesus or allah would! this means that a good adept would always be more powerful than some necromancer from some dark alley, of course.

So, you choose your spells, and then you charge yourself for the next day by praying for these spells to manifest inside of you while you sleep. it is good to sleep when you are 'absorbing magic' as then your body is relaxed and ready to take on the stored energy that is stress.

~ This might make you a little bit grumpy the next day, like a olden day sage or something, due to the tensed muscles for how much spells you take on. then, you would carry this stored energy with you, as we remember that stress is stored energy.

Then, we need to find the spell list. this can be done by talking with your god to find their rules, as, praying correctly, with your eyes closed, your elbows lifted and parted and your hands under your slightly raised chin will put you into direct contact with that god.

First, what i call a 'wild talent.' this power is there to copy cat any of my other spells that work in previous volumes and my magic books - "the magic of brett nortje." understanding this spell is not neccessary, and you may only learn one 'spell' like this.

You would have to pray to gain this spell, and then let it take time to gently filter into you. if you absorb the spell too fast, you might feel sick or something!

~ So, we now know how 'priest magic / stored magic / and adaption to extremes' happens? this is good news, i am sure you will agree. forget what i told you about messing your children up, this form of 'magic or powers' is very safe and quite moral, in fact i would say it is the most moral of all the things i have done.

Boosting ones adrenaline could be done by explaining to the gods that you want to move faster for a long time, as if you were a predator in the wild. these animals always have a quick boost of speed to their normal 'outputs' and this acceleration is to catch the herbivores, yes? of course, the herbivores are better over long distances, as they spend a lot of time running in paranoia of losing their lives, loved ones or children.

Maybe it is possible to do both? if you want to boost your overall speed, you need to pray to your god and ask them to make you more like a predatory lion, or, if you want stamina, praying to be more like a buffalo or horse/zebra would do the trick?

If you were to look through a biology book or web page showing you where the muscles are for this, and the overall biology of the animal, then you could speed the process up by showing venus, jesus or allah the glands and cells and muscles you want to focus on?

"Astral perception" is something where you can see spirits and ghosts and of course demons, and attack them too! this would be where you pray for your god to shorten and make more sensitive some hairs in your eyes and ears, and have them be able to be switched on or off. these sensitive hairs will allow you to see and hear the spirit realm, of course.

~ The game rules say you can attack them, but i lack the resourcefulness to generate rules like that as yet.

So, you want to turn this on or off, as, if it is too sensitive, it will hear everything you hear in real life to too high a degree. say you are in the central business district and you get overwhelmed by the traffic, you will know what it means to have too high a sense of hearing then!

Turning them on or off would require a nervous system reconfiguration or adjustment where you control the hairs that connect them to the rest of your body. this would be like a circuit, where the hairs would either be in place to connect these nerves to the rest of your body or not. this is the only safe way to have this power, as the disorientation, as i explained, will leave you a raw nerve on the side of the street if you do not take precautions.

Alternatively, you could make the hairs thicker by adding volume to them. this can be done by 'telling your genes to thicken,' and that would be possible by eating a lot of mucous like food, like butter or lard, as this is very thick food. the coating that it will give your ears and eyes will allow the nerve hairs to be covered by this 'glob of stuff' and then simply suck up the hydration, swelling to be thicker, thereby allowing for more volume of sound and sight to go to your brain to be processed.

Of course, if you were to use some iron or fiber as well, you may be able to pick up radio frequencies, wifi and of course television signals. i am not quite sure how this would work, but if you learned the 'morse code' that every signal is based on, you could understand them, i am sure.

"Kiai" is a power where you make a loud shout and scare everyone away. this would be like a roar from a lion, of course, but how does the lion scare people with this? i would suppose it has to do with the tone and pitch of the noise, maybe making a sound like a lion would do it? maybe the battle cry of a gorilla would do it? let's try to combine the two?

Okay, so we want to make a noise with our lungs and voice box that really scares creatures away. this could be done by praying for stronger lungs and throat voice boxes. this will see them made denser, of course, and then they will be able to discharge or emit more energy with them.

Praying for your lungs and throat to toughen up means that the muscles will increase in density, so, you might need to breathe in and out, and shout, while you are praying to the relevant god for it to be conditioned.

"kinesics" is like almost a secret language, like in dungeons and dragons the thieves cant. this will allow you to talk to people in ways only they will understand fully. this would be where you give off your own messages to the person - the better you know them the better they will understand - or detect messages from other people, like in a hunch that a policeman would have.

Of course, if you want to encode a message. you need to put emphasis on certain words, or, i have found with my nephew, i could make on syllable and he would understand the full word of the sentence. this was quite a surprise for us.

So, you need to think of the thing you want to encode, and then pray to have this given to you by god, this secret innuendo. this will let your voice fluctuate and tones differ, so as to make a unique message that others will not pick up easily, dismissing these grunts and wheezes as a problem with communication from you or the other person. this would be especially handy if you were a spy or

agent for the government that needs to keep secrets, while delivering secrets. it would also be possible to send an innuendo across media for the other people like you to intercept.

But of course, there is the chance to hear what other people mean too. this would be due to observations of them, and, understandings of them. unfortunately, this will not be quick or easy to learn, but it will form bonds between you and others that are held due to familiarity.

Actually anything can be learned or granted to you by praying. when you pray, you must make the message as clear as possible, as, the gods use electromagnetism to understand the message, and energy waves like electromagnetism to send these powers back to you. the more filtered the message, the better the spell will be.

So, if you want to learn a "spell" to cast the next day, you need to explain in the prayer exactly what it will do. the simpler the prayer, the less effective it is, "i want to resist getting drunk for the party." this is very vague, yet easy to deliver.

Now, if you want to send the proper message, a more potent spell would be that, "i want to sweat the beer out through my sweat glands so i will not get drunk easily for the party." the more technical you get, with organs and cell operations, the more potent the prayer will be.

Elements of sorceress [diablo two].

Previously i have found ways to 'charm' the elements. this was done so that i could make the wind blow, or the waves crash. everything in our world is down one of the four elements, with magic the gathering cards about life being fire and death being water, of course, because all life comes from fire, like a star's light for trees to grow, and water snuffs out fires, so would be bad.

Anyways, now i want to teach you to store the elements within you for use later. to absorb fire, you need a few lit candles, earth, simply stand in your garden, water, have a shower, and air would be breathing in and out deeply.

But, that is not all there is to it! this would also be where you need to open your body up to these elements. previously, this made everybody feel sick, but that is not going to be so bad this time, as instead of you letting all the elements flow through you, you will be storing in amounts you like or benefit you to your desires, of course, as you select which ones to absorb.

So, when you, for example, shower, you need to focus on the water on your head and body. then, you need to try to store this energy as it is within you. your sweat glands are one way, but your nerves are also one way - you need to get your nerves to feel the elements, and become more appreciative of being around them. that said, you cannot take opposing elements or you will mess up the balance of your body.

When you are around these elements, you might start to feel more like wanting to be around them more, of course, as your bodies temperature and substance will change. this is because you are adjusting yourself to a mixture of the two elements that you will choose, of course. the more you are around these selected elements, the more you will enjoy their company, and, remember, all elements are made of faeries.

Now for the elements, let's start with air? this is where you will store air within you, and use this air as you breathe out through command words, shaping the energy that is leaving you, with instructions. these faeries have been inside of you, and bonded to you, so they will remember you and grant you one wish from them.

You have absorbed the air and now are putting it to use. shaping the air for an illusion would be as if you were saying the 'name' of that illusion as understood by yourself. this is a one way exchange, and only walking through the illusions will disturb them. making your mouth wide open will indicate the gentle nature of the gas escaping, of course. imagining the image of what you are trying to emit or give off will help too, as, the brain will connect differently, forming the image in your imagination will have an effect on the rest of your body and the energy you give off, and, seeing as how like charges repel each other, this will be repulsive to your illusion - the image.

Of course, lightning would be more up your alley, yes? this would be where you purse your lips so there is hardly any place for the air to escape, meaning it will concentrate and compound itself into a long flowing air exchange. this would be helped by you doing as you did in the illusions, except with sensible alterations, of course.

Maybe you want to fly? this would be done by aiming your breath downwards and then blowing down, pursed lips of course. this will lift you, with enough practice, and you should picture a cloud of air under your feet, oxygen three or ozone will do it, as it is in plentiful supply down here on earth.

Fire, the second element of the watchtowers, facing east and going clockwise, works the same way as the air element does. all of them do! your voice box and imagination coupled with the elements you choose and store are all connected, except i suggest you do not long for another element other than the two you have, of course. this will unsettle your energies and then you will find the elements within you rebel against you, leaving you and diminishing your 'powers.'

So, to get even more in touch with the elements, you could drink water [water], eat vegetables [earth], smoke [fire] or even burn incense [air]. figuring out the images to make and the command words, coupled with the right stance and emitting of the element will see you through most things.

~ If you want to store even more energy you will be stressed, and maybe even become stiff.

Doing tai chi could help too. this would be where you open your body, mind and spirit to everything around you, so relaxing will draw stress, as we know, boredom is very stressful due to opposite energies attracting. this means relaxing exercises will draw excessive energy to you, of course.

Now, to filter other elements, you need to picture those elements in your mind. thinking of one proton is hydrogen or water. thinking of two protons will deflect the helium or gases or air. thinking of three protons will repel earth or lithium, and thinking of four protons will expel baryon or fire.

How to think of these or whether you should think of them, as opposite attract, you should think of the two opposite energies to the ones you want to draw into your mind, as they will not like to meet others like them!

Ultima 8 tribute.

This game was not that good compared to other games i have mentioned, but it had a wacky magic system that originates from the older real candle magic of this world. this is a bit of a left handed path, in that it affects the subconscious of us and the universe through 'symbolism.'

So, we get a little 'bag.' in this pouch, we stick the right sort of herbs and smelling things. i remember for dungeons and dragons to throw a fireball you need bat poop among all things, but

let's keep it to herbs? i suppose a substitute for bat poop would be a flea or other parasite, dead or alive, yes?

Anyways, after you get the right components into the pouch, you need to tap it a few times with a 'wand or stick.' i suppose it would be better to make the wand yourself out of wood. to make the mixing better, you could stir the pouch like a spoon, in a clockwise or anticlockwise direction, i am not sure, except that good magic would come from clockwise rotation, and harmful things would come from anti clockwise rotations, of course.

As well as putting herbs into the bag, you could also put colored wooden shapes into the pouch. remembering opposites attract, you could use conductor, like a iron wand? this would, in my theory, mix the ingredients better, as with the force of repulsion it would not mix, so a wooden spoon and shapes would not do it. a metal wand is what you need! this is because metal is a conductor and wood is not, they both burn but one is genetic and the other not.

So, we have shapes, colors and herbs. anything that gets eaten could be put into the bag, as then it gives off a odor vibe which the gaseous faeries react to. this would be controlling gas faeries, of course.

To attract liquid faeries, you could use 'wooden' vials of liquids too! to mix solid spells, you need to use clay and other easily soluble 'ground things.' soon i will explain the difference between these and other types of matter and how they affect the spells.

'Gas spells' affect spirits better than others, as they are made of gases. if you want to fly, you would also use a gas spell, as it is related to this type of components, of course.

Then, there is 'liquid spells' - this will affect living things, as they process water and liquids, being made out of liquids mainly. types of spells for this would be healing, as that can be accelerated by blood and cells, which are also made of liquid, yes?

Finally there is 'metal spells.' these affect dead things, like stones and boulders. this is because they displace each other, and, have no life giving properties, while consisting of great density, of course.

~Figuring out what you need might require mixing the types of matter.

Finding the right herbs might require observing how much smell they give off for how much density they have. then, the less dense it is, the quicker it burns or mixes, of course, as heat is the driving force behind this magic, yes? so, the right colors, covered by observing the mood ring color chart, will i help. then the right components could be found, maybe by taking the initials from each herbs starting letters for their names. same for the rest.

As for shapes, this follows the shapes of the 'vampires' that appear in my works "volume 17." simply cutting these shapes out of wood will make for a more detailed spell, of course, as now you do not need to concentrate on each shape, do you?

Do it yourself!

As you might have noticed, i left nearly all the spells out of this volume. This is because i want to do guy stuff, like fireballs, but that won't sit well with parents.

So, i hve decided to suggest you go online or into a library to find out how things work, and make your own spells! This will be fun, of course.